

Catfish Sting



1 Use tweezers to remove any spines in the wound because symptoms may not go away until all spines have been removed.



2 Immerse the affected area in water as hot as the person can tolerate for 30-90 minutes. Repeat as necessary to control pain.



3 Scrub the wound with soap and water followed by extensive rinsing with fresh water.



4 Control pain by taking acetaminophen or ibuprofen.



5 Seek medical treatment promptly especially if signs of infection are present such as redness, swelling, pain, and pus discharge.



DO NOT cover the wound with tape.



Oral antibiotics are recommended for infection