

## Lionfish Sting



**1** Get out of the water immediately



**2** Rinse the wound with clean water



**3** Immerse the wound in hot but non-scalding water (110 to 113°F) for 30 to 90 minutes.



**4** The patient should be made to lie down and the injured foot (or other body-part) should be elevated above the rest of the body.



**5** The leg should be propped up and the knee bent so that the foot is immersed in a bowl of hot water which is supported at a level above that of the bed, ground or bench upon which the victim is lying.



**6** Rinse the wound with clean water.



**7** Apply compression and Seek medical attention.



Seek medical attention immediately

You can call the poison control hotline at (800) 222-1222