

Smoke Inhalation



1

Remove the person away from the smoke and move them into fresh air.



2

Reassure and keep the person calm.



3

Have the person sit down until he or she begins to feel better.



4

Call 911 or get emergency help as oxygen may need to be administered



5

After the coughing has subsided, offer a glass of water to calm a burning throat.



6

Place a cool washcloth over the victim's eyes and forehead.



7

Monitor level of consciousness, breathing and circulation. Perform CPR if necessary.



8

Seek medical attention immediately.



If you would be taking a serious risk to help the person wait for trained professionals to arrive at the scene



Make sure not to put yourself in danger before you help pull someone from a smoke-filled area



If necessary be prepared to give CPR