

Surgeonfish Cuts



1

Reassure and keep the person calm.



2

Use tweezers to remove the blade or spine



3

Immerse the affected area in water as hot as the person can tolerate for 30-90 minutes. Repeat as necessary to control pain.

110°F to 113°F 30 to 90 min



4

Scrub the wound with soap and fresh water



5

Apply firm, direct pressure on the wound to stop bleeding.



6

If signs of infection, such as pus, redness, or heat, are present, see your doctor immediately.



DO NOT cover the wound with tape.



Immersing the affected area using vinegar as hot as the person can take instead of water has been shown to work better



Oral antibiotics are recommended for infection